



HKAST Speech Therapy Professional Development

The Camperdown Program for Adults who Stutter

Sue O'Brian, PhD

The Camperdown Program is an evidence-based speech restructuring treatment designed to reduce stuttering in adults. It differs from traditional programs by teaching the fluency technique without reference to behaviors such as soft contacts and gentle onsets; instead it uses a video model. It involves no programmed instruction, formal transfer tasks or instrumentation for the counting of stutters.

This 2-evening workshop is intended for speech therapists and speech therapy students with an interest in working with adults and adolescents who stutter. No previous experience is required. The workshop will briefly overview the program, however the focus will be on implementation in a general clinic environment. It will explain the individual concepts and techniques involved in the program and how to administer it in both group and individual formats. Time permitting, it will also discuss adaptations for adolescent populations and telehealth delivery. The format of the workshop will be some presentation of relevant literature but mainly practical activities, hypothetical cases and problem-based learning.

Workshop Highlights:

- ✓ Evidence for program processes and outcomes
- ✓ Clinical skills needed to implement the program (including use of measurement scales and teaching a fluency technique from a model)
- ✓ Teaching client skills needed for the program
- ✓ Instating stutter-free speech
- ✓ Problem-solving with your client
- ✓ Dealing with client anxiety
- ✓ Maintenance of treatment gains
- ✓ Hypothetical scenarios for group problem-solving

About the speaker:



Dr. Sue O'Brian is Senior Researcher at the Australian Stuttering Research Centre, The University of Sydney. Her current work involves the design and implementation of clinical trials of stuttering treatments, as well as investigations into the nature and cause of stuttering. Sue has worked for more than 30 years in the field of stuttering both as a researcher and as a clinician. She was one of the developers of the Camperdown Program and has presented many workshops both on this program and the Lidcombe Program within Australia and internationally. Sue has contributed chapters to several books about stuttering and has published many articles about stuttering in peer-reviewed journals.

- Date:** 5th & 6th November 2013 (Tuesday & Wednesday)
Time: 6:30pm to 9:30pm
Venue: YMCA of HK Beacon Centre Lifelong Learning Institute
373, Po On Road, Kowloon (*Cheung Sha Wan MTR Exit C2*)
Registration: Please register using the following link:
<http://goo.gl/RmrURs>
CEPST: 6 points

Registration deadline is on the 31st October 2013.

Registration category and rate:

	Registration Fee
HKAST Full member	HKD \$1,000
HKAST Student member	HKD \$500
Non-member	HKD \$1,800

**Speech therapists and speech therapy students are welcome.
Places are limited. Please register early to avoid disappointment.
Priorities are given to HKAST members.**

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