



CREST Child Rehabilitation and Education Service Team

AN INTRODUCTION TO DIR[®] AND DIRFLOORTIME[®] COURSE

30TH AUGUST & 1ST SEPTEMBER 2023 (WED & FRI)

by

Ms. Urvi Kamdar

DIRFloortime[®] Expert & Training Leader, Occupational Therapist

About the Course

DIRFloortime[®] is a comprehensive, relationship-based model of intervention for children and adults who have challenges in relating and communicating, including autism. DIR[®] stands for Developmental, Individual Differences, Relationship-Based:

Developmental – The course gives an overview of Greenspan's Functional Emotional Developmental Capacities 1 - 6. These are the capacities a child must master for healthy emotional and intellectual growth.

The stages are,

1. The ability to be regulated and interested in their surroundings.
2. The ability to engage with others and deepen attachment bonds.
3. The ability to initiate and respond in two-way purposeful communication.
4. The capacity for complex communication and shared problem solving.
5. The ability to create emotional ideas and be imaginative.
6. The capacity for complex imagination and logical thinking.

Individual Differences – Each child has their own unique profile which needs to be taken into account. Individual differences within the child, or within their environment, will either help or hinder the child in achieving their potential. Improving our knowledge of each child's Individual Differences, helps us to understand the child's unique experience within their bodies and their perception of their world. These differences may be in the following areas,

- Motor and perceptual motor function
- Sensory modulation
- Sensory processing
- Auditory processing
- Environment factors
- Biomedical factors
- Developmental history
- Family factors including attachment
- Any history of trauma





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Relationship-Based – Warm, loving interactions between the child and their caregivers are at the core of the Model. Brain chemistry changes when the child is calmly alert, motivated and positive. This improves neurological processing, helping the child to think and learn more effectively. The child develops an understanding of themselves and the world through long chains of back and forth interactions with their caregivers.

Floortime – Through video examples and discussion, course participants will see how Floortime play supports the D, I and R, so that the child can evolve towards independent thinking and sustaining warm, loving relationships.

This 2-day introductory course is approved by the International Council on Development and Learning (ICDL). It is aimed at families and professionals. It is the first step towards professionals becoming accredited IC DL DIRFloortime® practitioners. Research has shown that coaching parents to carry out Floortime with their children, improves the child's function whilst also reducing parental stress and depression (www.icdl.com/research).

About the Speaker



Ms. Urvi Kamdar is the Clinical Director of Therapists and Paediatric Occupational Therapist with over 11 years of extensive experience in Hong Kong working with children and families. She is a DIR Floortime® Expert & Training Leader, Advance Sensory Integration practitioner, Neurdevelopmental Therapy certified, STAR certified therapist and trained in providing trauma informed care. Additionally, Urvi also has training in writing without tears, therapeutic listening, safe and sound protocol amongst others. She has been trained under the guidance of some of the world-renowned clinicians from the industry.

Urvi is passionate about supporting children using a whole child, evidence based and family centered approach. Urvi continuously engages in on-going learning opportunities to be able to better support children and families. She is an advocate for children with neurodiversity. Apart from working with children and families at the clinic, she teaches internationally, provides clinical supervision to therapists, training to parents and professionals and is on the advisory committee for a non-profit organisation in Hong Kong.



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Language

Taught in English.

Date, Time & *Venue

30th August (Wed) 9:00am – 6:00pm

(Lunch is not included, however there are a range of restaurants near the venue) &

1st September (Fri) 9:00am – 1:00pm (no lunch break)

CREST Child Rehabilitation & Education Service Team

Room 706, Peninsula Tower, No. 538 Castle Peak Road, Kowloon, HONG KONG.

(About 5 mins walk from MTR Lai Chi Kok Station, Exit B1)

*Venue is subject to change. CREST Child Rehabilitation and Education Service Team reserves the right on final decision.



Target Participants

Professionals, Parents, Caregivers, and Students.

Seat Availability

24 seats



Link for Registration

<https://cresthk.typeform.com/dir101>

SCAN TO REGISTER

Course Fee & Deadlines

Early Bird registration by 10th August, 2023: **HK\$2,200**

Standard registration by 24th August, 2023: HK\$2,500

(Including course materials in electronic format)

Certification

Upon **100% attendance**, participants are awarded the Certificate of Completion by the International Council on Development and Learning (ICDL). After the completion of the course, participants can attend DIR 201: Promoting Basic Functional Emotional Developmental Capacities.

Accreditation

CPD for OT: Pending



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Registration & Payment

For Local Applications:

- **By Cheque:**

Payable to **“CREST Child Rehabilitation and Education Service Team”**

*Please **put down YOUR FULL NAME and COURSE NAME on the back of the cheque:**

“To: CREST Child Rehabilitation and Education Service Team

Room 706, Peninsula Tower, No. 538 Castle Peak Road,

Lai Chi Kok, Kowloon, Hong Kong (SAR)”

- **By Automatic Teller Machine (ATM) / Online Transfer:**

Bank / Account No.: **HSBC / 634-388821-838**

Bank Account Name: **TSRCL T/A CCR&EST**

FPS ID: **8919052**

*Please **put down YOUR FULL NAME and COURSE NAME on the bank advice slip or transaction screenshot and upload it with your online registration form.**

Terms & Conditions

(i) Notification:

Notification will be sent individually through email within a week once your application and payment are received.

(ii) Confirmation:

The confirmation will be sent individually through email by **25th Aug, 2023**.

(iii) Receipt:

- Official receipt will be distributed on the first day of the course; if there is a change to the teaching format, the receipt will be sent by email.
- HK\$500 administrative fee will be needed if:
 - a. re-issuing receipt with returning of original receipt, or
 - b. certified true copy of receipt is requested.

(iv) Withdrawal Policy:

- No transfer of the fee to other courses or another person upon confirmation of enrollment;
- HK\$500 administrative fee will be requested if written request for cancellation is received on or before **25th Aug, 2023**. Refund will NOT be arranged after that day.

(v) CREST Child Rehabilitation and Education Service Team reserves the right on final decision on enrollment, changing time, venue and contents and cancellation of the course due to unforeseeable circumstances.

(vi) If the course must be cancelled or postponed due to unforeseeable circumstances, participants will be put on the name list of the next Course.

Remarks

- To learn more about the course, please visit the website: <https://www.icdl.com/home>
- For any enquiries, please feel free to contact Miss. K at (852) 3628 3443 or info@crest.hk.