



Title: Mitigating Fluency Conformity through Evidence-based CARE

Speaker: Dr. Courtney Byrd

Courtney Byrd is a Full Professor and Associate Chair in the Department of Speech, Language, and Hearing Sciences at The University of Texas at Austin, where she also serves as Founding and Executive Director of the newly established Arthur M. Blank Center for Stuttering Education and Research. She has dedicated her life's work to advancing understanding of the etiology across culturally and linguistically diverse populations, as well as improving treatment and training practices to better serve people who stutter.

This will be offered on the following days/times at *no cost*:

## In HK Time Zone,

Thursday, January 30, 2025 from 12 am - 2 am Thursday, February 13, 2025 from 12 am - 2 am Thursday, February 27, 2025 from 2 am - 4 am Thursday, March 6, 2025 from 12 am - 2 am Thursday, March 27, 2025 from 1 am - 3 am



## **Learning Outcomes:**

Outcome 1: Define the components of the CARE (Communication; Advocacy; Resiliency; Education) Model.

Outcome 2: Formulate goals for implementing the CARE Model.

Outcome 3: Employ strategies for assessing each component of the CARE Model.

Register Here: https://utexas.qualtrics.com/jfe/form/SV\_ddr79kP6nVXTsTs

## **Overview:**

The CARE Model, developed by Dr. Courtney Byrd, challenges the notion that effective communication depends on fluency. Instead, it emphasizes that individuals who stutter can be empowered through understanding that communication transcends fluency, sharing personal experiences, building resiliency, and being knowledgeable about stuttering. This model aims to enable people to "Dream. Speak. Live.®". Dr. Byrd's aims to provide free quality care for those who stutter, trains specialists globally, and advances research in stuttering.

Reference:

https://www.frontiersin.org/journals/psychology/articles/10.3389/fpsyg.2024.1488328/full