

OCT
25-26
2025

9:00AM-5:30PM



OROFACIAL MYOFUNCTIONAL THERAPY: SPEECH THERAPISTS' PERSPECTIVE

Presenter: Louisa Wong Chun Yin,
Speech Therapist (BSc. Sph. & Hr. Sc., HKU)
/ TalkTools® OPT Level 5 Instructor

Presentation in Cantonese

FOR SPEECH THERAPISTS IN HK & MACAU

Venue: First Commercial Building, 33-35,

Leighton Road, Causeway Bay, HONG KONG.

Workshop hosted by HK Progress Speech Therapy
Centre Co. Ltd.

The Presenter:

Louisa Wong C. Y. graduated from the University of Hong Kong (B.Sc. Speech & Hearing Sciences) in 1995, and has more than 30 years of experience in teaching special children with speech and language learning difficulties. She spent the first nine years working as a full-time Speech Therapist in moderate grade special school, special child care centers and early educational training centers respectively, providing assessment and treatment for 2- to 16-year old children and students who have speech, language and communication delay and disorders with a variety of diagnoses, including Speech and Language Delay, Down Syndrome, Autism, Cerebral Palsy, Fragile X Syndrome, Angelman Syndrome, Cri du chat Syndrome, Prader-Willi Syndrome, Treacher-Collins Syndrome, SynGAP, NGLY Deficiency etc.

Louisa founded Hong Kong Progress Speech Therapy Centre in Hong Kong in 2004, and has been working as a Speech Therapist in private practice since then. She is a Level 5 Instructor of TalkTools®, and is certified to teach Level 1 through 3 Oral Placement Therapy courses by TalkTools®.

Louisa was an invited speaker in different organizations in Hong Kong, China, Dubai and Taiwan. In addition, She had previously received special training in Picture Exchange Communication System/ PECS (Bondy & Frost, Apr 1997, HK), Evaluation and Treatment of Swallowing Disorders (Jeri A. Logemann, Apr 2001), Beckman Oral Motor Techniques (Debra Beckman, Feb 2003, HK), Prompts for Restructuring Oral Muscular Phonetic Targets/ PROMPT (Deborah A. Hayden, Oct 2003, HK), Teaching Social Thinking and Social Skills to Young Individuals with Autism Spectrum Disorders at Home and at School (Michelle Garcia Winner, Feb 2005, Singapore), It Takes Two to Talk. The Hanen Program for Parents (2010 HK), Mediated Learning Experience: Instrumental Enrichment 1 (Reuven Feurestein, July 2012, Paris, France), Mediated Learning Experience: Feurestein Instrumental Enrichment Basic 1 (Reuven Feurestein, July 2013, Paris, France), The Riddle of Autism – Solved! (Martha S. Burn, Oct 2013, HK), Myofascial Release and Other Manual Techniques in Dysphagia Management (John Kelly, March 2014, HK), Dynamic Assessment for Young Children – Theory and Application (David Tzuriel, HK, Dec 2014), Public Lecture on IE Tactile-Kinesthetic Program (Roman Gouzman, Mar 2015, HK), **Orofacial Myology: Make the Connection (July 2019, Brisbane, Australia), Obstructive Sleep Apnea Workshop (National Yang-Ming University, Taipei, Taiwan, Sept 2019), SOS4TOTS (Dr. Larry Kotlow, June 2020), Untying Ankyloglossia: The Impact on Infants and Children (Bobby Ghaheri, MD, Jan 2023), The Breathe Course (Soroush Zaghi, Los Angeles, USA, July 2023) and Functional Orofacial Myofunctional Therapy (Linda D’Onofrio, Brisbane, Australia, March 2025).**

Course Description:

Orofacial Myofunctional Deficits have been of concerns to health professionals worldwide in recent years. Structural and functional deficits of Jaw, Lips, Tongue, Palate, Teeth, Nasopharynx and Oropharynx can lead to health problems that are spiral and viscous. Speech Therapists focus on treating speech, language, communication and swallowing traditionally. However, the recent trend is that Speech Therapists should collaborate with parents, Respirologists, ENTs, Pediatricians, Dentists, Lactation Consultants, Dental Hygienists, Physical Therapists and Body Workers etc. when treating abnormal orofacial growth, Tethered Oral Tissues (Tongue Tie, Lip Tie, Buccal Tie), Mouth Breathing, Tongue Tone & Tongue Space issues, dysfunctional compensations, nasal health, dentition/dental occlusion, oral health, feeding and speech problems.

This course aims at introducing updated research on Orofacial Myology to help therapists learn the cycle of dysfunction in the orofacial complex. Whole person health care is the leading trend, thus Speech Therapists should learn to assess oral structural deficits, as well as to treat patients with effective therapy techniques and updated professional knowledge to ensure qualitative and specialized care for patients in need.

Learning Outcomes:

You will be able to:

1. know evidence-based research papers and readings related to Orofacial Myofunctional Therapy;
2. learn the effects of Orofacial Myofunctional Disorders on patients' respiration/ breathing, dental occlusion/ dentition, body posture, feeding, swallowing and speech;
3. carry out structural and functional assessment of patients' orofacial complex;
4. recognize the importance of interdisciplinary approach to target patients' feeding, speech, oral health, nasal health and well beings;
5. apply Myofunctional Therapy skills and funny treatment exercises into your therapy;
6. evaluate and treat feeding disorders that are due to intra-oral structural and functional deficits.

Orofacial Myofunctional Therapy: ST's Perspective Course Agenda

Day 1	Day 2
<p>1. What is Orofacial Myofunctional Disorder?</p> <ul style="list-style-type: none"> - Definition and Causes - Incidence & Prevalence - Symptomatology <p>2. Spiral of Dysfunctions!</p> <ul style="list-style-type: none"> - What structures are affected? - What functions are affected? - The Myofunctional Hypothesis (by Zaghi, S.) <p>3. Orofacial Myofunctional Assessment: ST's Perspective</p> <ul style="list-style-type: none"> - A Transdisciplinary approach to OMD - Assessment of Orofacial Complex: - Ax of Functions: Breathing & Nasal Hygiene; Feeding and Proper Swallow; Speech 	<p>Orofacial Myofunctional Assessment: ST's Perspective (cont')</p> <ul style="list-style-type: none"> - Ax of Structures: Face, Jaw, Lips & Tongue; Palate & Tonsils; Dentition & Oral Hygiene <p>4. Frenectomy</p> <ul style="list-style-type: none"> - What is frenulum? - What is Tongue Tie? - Effects of Frenectomy - Functional Approach to Ankyloglossia (by Zaghi, S.) - Active Wound Management <p>5. Orofacial Myofunctional Therapy: ST's Perspective</p> <ul style="list-style-type: none"> - ST's Scope of Practice - Goals of OMT - Functional Treatment: Breathing & Nasal Hygiene; Palate & Tonsils; Dentition & Oral Hygiene; Feeding; Face, Jaw, Lips & Tongue; Speech <p>6. Case Sharing (Real Case Video Clips)</p>

Morning Break: 10:30-10:45am

Afternoon Break: 3:30-3:45pm

Water, tea and coffee will be provided at breaks

Lunch: on your own

This workshop will be presented in spoken Cantonese

Workbook will be in written English

Target Audience:

local Speech Therapists and Special Child Care Workers in Hong Kong and Macau

Orofacial Myofunctional Therapy: Speech Therapists' Perspective

OMT Course Registration Procedure:

- 1. Fill in Registration Form**
- 2. Conduct payment through FPS, bank in or cheque**
- 3. Send Registration Form with payment receipt to us by e mail or by post**
- 4. Get confirmation e mail to secure a seat**

E mail: workshop@speechtherapyhk.com

Address: **HK Progress Speech Therapy Centre,
Unit 23D, Prosperous Commercial Building,
No. 54, Jardine's Bazaar, Causeway Bay, Hong Kong.**

Early Bird (before Sept 25)	Full Fee (after Sept 26)	Student Fee
4400	4800	4000

Seats are limited so ACT FAST!

Accreditation:

The Hong Kong Institute of Speech Therapist (HKIST) 14 CPD-ST Points. Participants may claim their continuing education points online after workshop at <http://hkist.org.hk>

Compliments:

Workshop Handbook (hard copy)

Some handy assessment and therapy materials for practicums

Remarks:

Last day of application will be on Oct 15, 2025.

Course fee cannot be deduced if the workbook or compliments are not wanted by the participant.

Registration will only be completed and confirmed upon receipt of full payment.

No registration fee shall be refunded after registration confirmation. Should the scheduled workshop have to be cancelled due to Black Rainstorm signal, Typhoon Signal No.8 or above, infectious diseases or other unforeseeable circumstances and/or conditions, the organizer shall try to, and has the right to re-schedule the program to different dates and/or venue.

Enquiries: workshop@speechtherapyhk.com or 852-35800938