

NEW Davis Concepts for Life® Workshop



PROF-HO-25-00125

The Davis Concepts for Life® Workshop offers specialised Davis methods for parents, educators, therapists, and carers supporting individuals who struggle with focus, organisation, or self-regulation, and who feel frustrated by the limits of traditional therapies in addressing stress, anxiety, self-esteem, or relationships.

The Workshop explores cognitive diversity, offering insights and practical strategies to unlock potential and foster meaningful growth. Its innovative approach empowers individuals and their support networks to navigate challenges, embrace strengths, and celebrate neurodiversity through a respectful, strengths-based framework for personal development.

By the end of the five-day workshop, you'll have the knowledge and tools to guide others through the Davis Concepts for Life® Program, supporting growth in executive functioning, self-awareness, self-regulation, focus, stress management, organisation, decision-making, relationships, motivation, and personal responsibility.

Target : • Therapists, educators, and family members of individuals over the age of eight who experience challenges with executive functioning skills, stress, reduced focus, relationship building, and behavior management.

• Adults who are not on the autism spectrum (or without a formal diagnosis) who struggle to form and maintain positive relationships, seek meaningful personal change through exploring motivation and self-responsibility, or experience challenges with executive functioning skills, stress, reduced focus, and behaviour management.

Speaker : Ms Livia WONG, Speech Therapist

Date : 3/8 - 7/8/2026 (Monday to Friday)

Time : 9:00 am - 5:00 pm

Venue : Heep Hong Society APED
(Unit L, 11/F, MG Tower, 133 Hoi Bun Road, Kwun Tong, Kowloon)

Language : Cantonese supplemented with English

Accreditation : Application in progress
(CPD-OT, CPD-PT, CPD-ST, CPD-HKICP, CE-DOP, CE-DEP, CE-DCoP)

Certificate : Full attendance of the five-day workshop will entitle an attendance certificate. However, the participant is not qualified being a certified Davis Facilitator. Such qualification requires further training with in depth theory learning and supervised practice.

Capacity : 40

Course Fee : \$12,000

For details:



Content:

1. Davis Self-Regulation Strategies and Tools
2. Davis Life Concepts: to learn the essential and foundational life concepts using multisensory approach on-change, consequence, cause and effect, before and after, time, sequence, order, disorder-continue, survive, perception, thought, experience-energy force, emotion, want, need, intention-motivation, ability, control, responsibility
3. Implementation of meaningful change: focuses on helping the individual to create new behaviours, strengthening executive functioning skills and improving social integration.